

The Heart of San Diego



MIRA MESA • CLAIREMONT • MIRAMAR • KEARNY MESA
RANCHO PENASQUITOS • SORRENTO VALLEY

GROWING OUR BUSINESS TOGETHER

Coffee & Tea Provided. (Lunch available for purchase by guests)

EVERY TUESDAY 7:30AM - 8:30AM

MIRA MESA SENIOR CENTER 8460 MIRA MESA BLVD SAN DIEGO, CA 92126

FRIDAY, NOVEMBER 1 & 15, 2019 FRIDAY, DECEMBER 6 & 20, 2019 11AM - 12PM

ELIJAH'S RESTAURANT 7061 CLAIREMONT MESA BLVD SAN DIEGO, CA 92111

FOR QUESTIONS CALL: 858-232-4463

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